



Innovative Telehealth Models

ASAM 2022 Policy and Science Plenary

[#ASAMAnnual2022](#)

Disclosure Information

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Innovative Telehealth Models

Friday, April 1, 2022 8:30 – 10:00 AM

No Disclosures



Bottom Line Upfront

Effective SUD Care Improves Whole Person Outcomes

- Mental Health
- SUD
- Physical Health
- Social Drivers of Health
- Life Meaning and Purpose

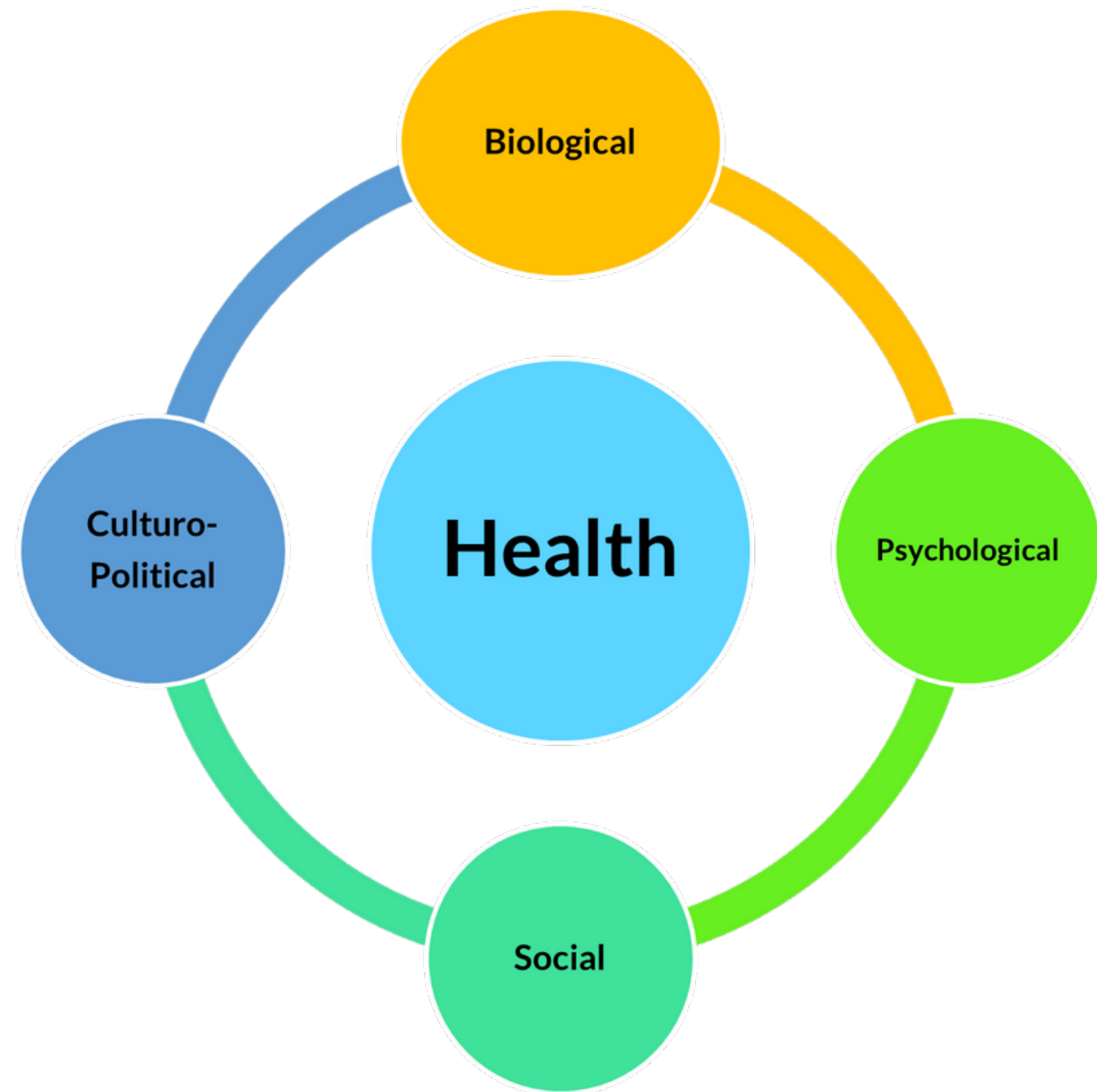


Bottom Line Upfront

- **True Whole Person Care:**
Biopsychosocialculturopolitical
Framework
- **Incorporating Harm Reduction**
into SUD Treatment
- **Longitudinal Multi-Modal Care**



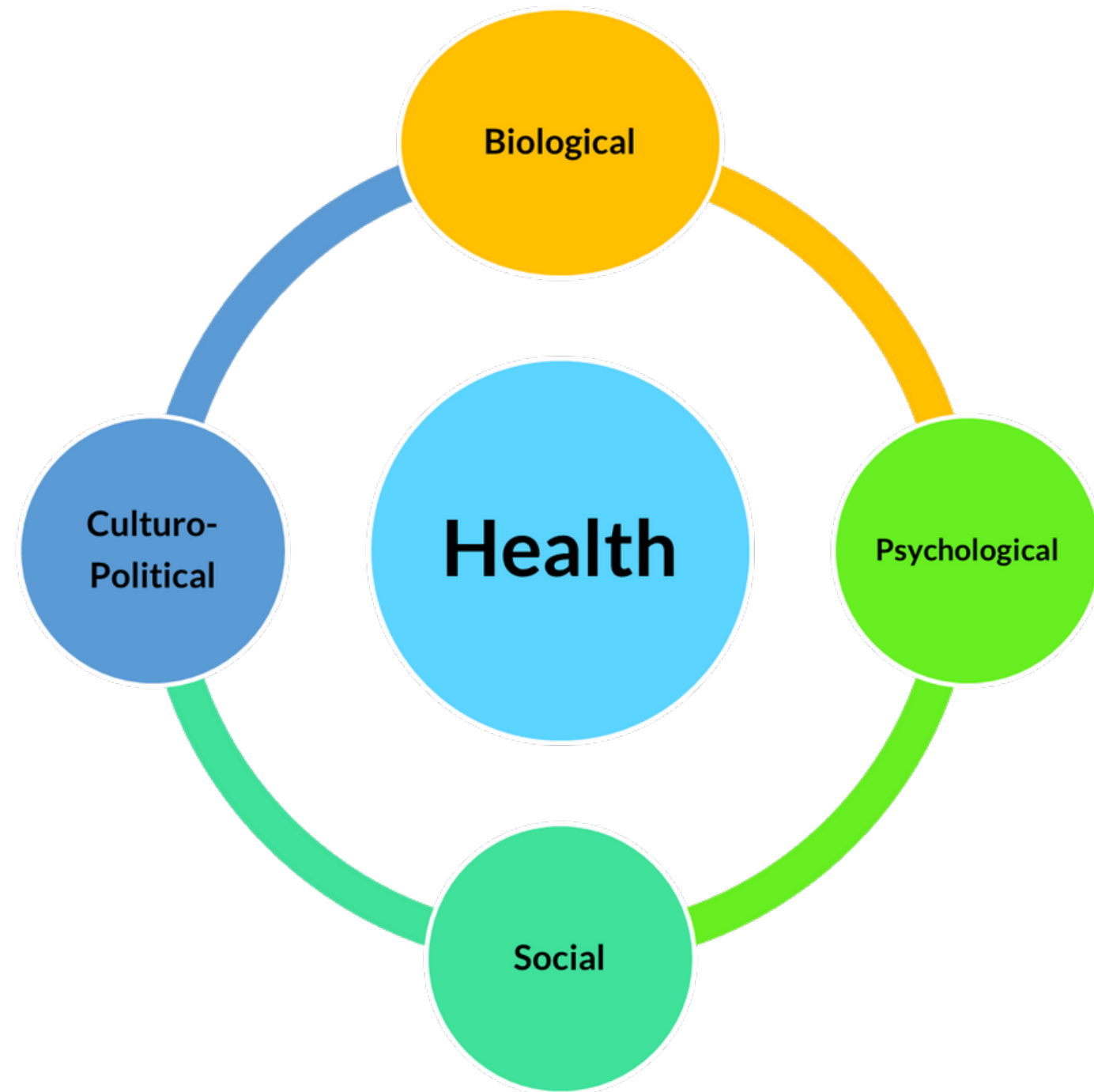
Biopsychosocioculturopolitical Framework



1. Biological

- a. Mental Illnesses Including SUD
- b. Physical Illnesses

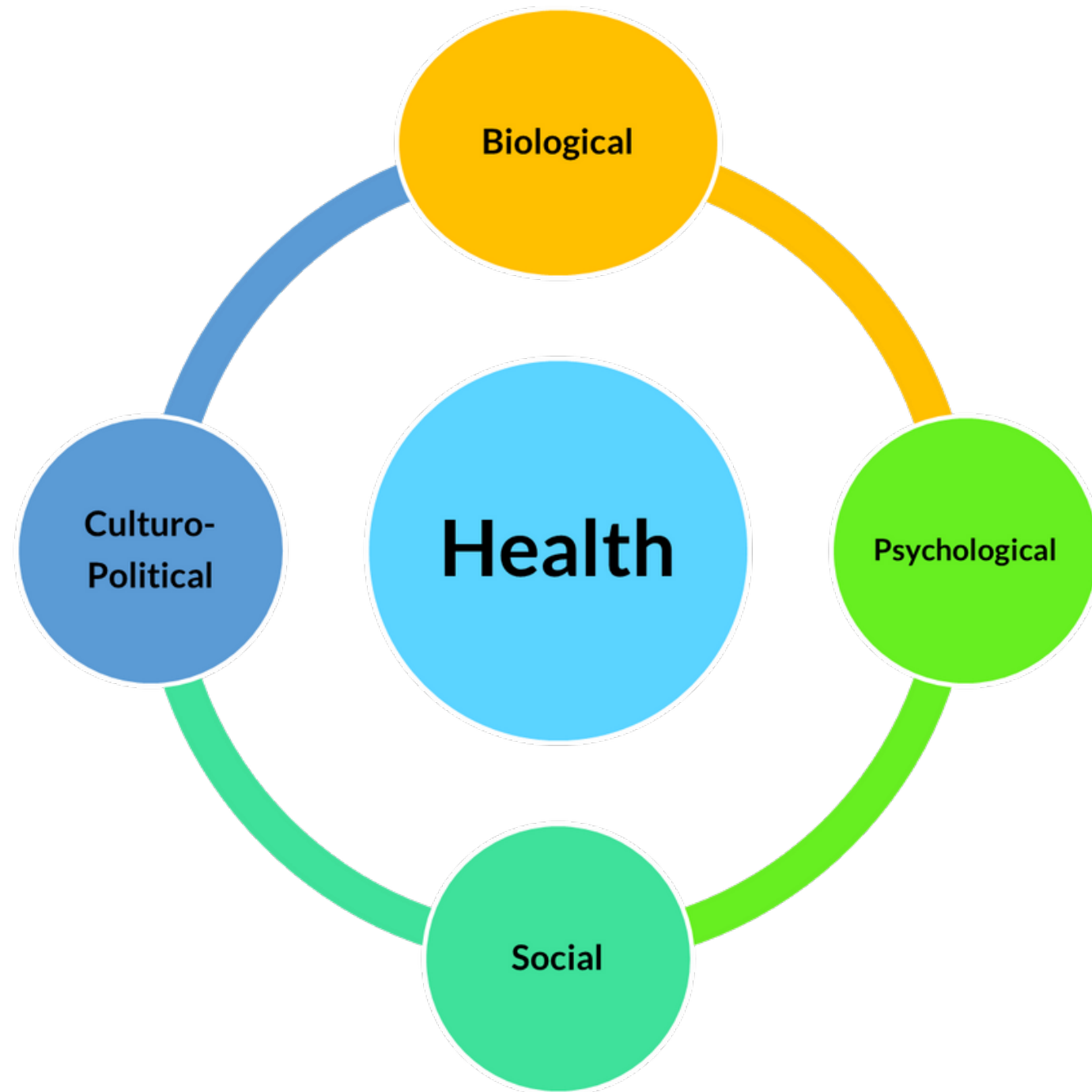
Biopsychosocioculturopolitical Framework



2. PSYCHOLOGICAL

- a. Life experiences
- b. Life Meaning and Purpose
- c. Trauma
- d. Adverse Childhood Experiences (ACES)
- e. Positive Childhood Experience (PCES)

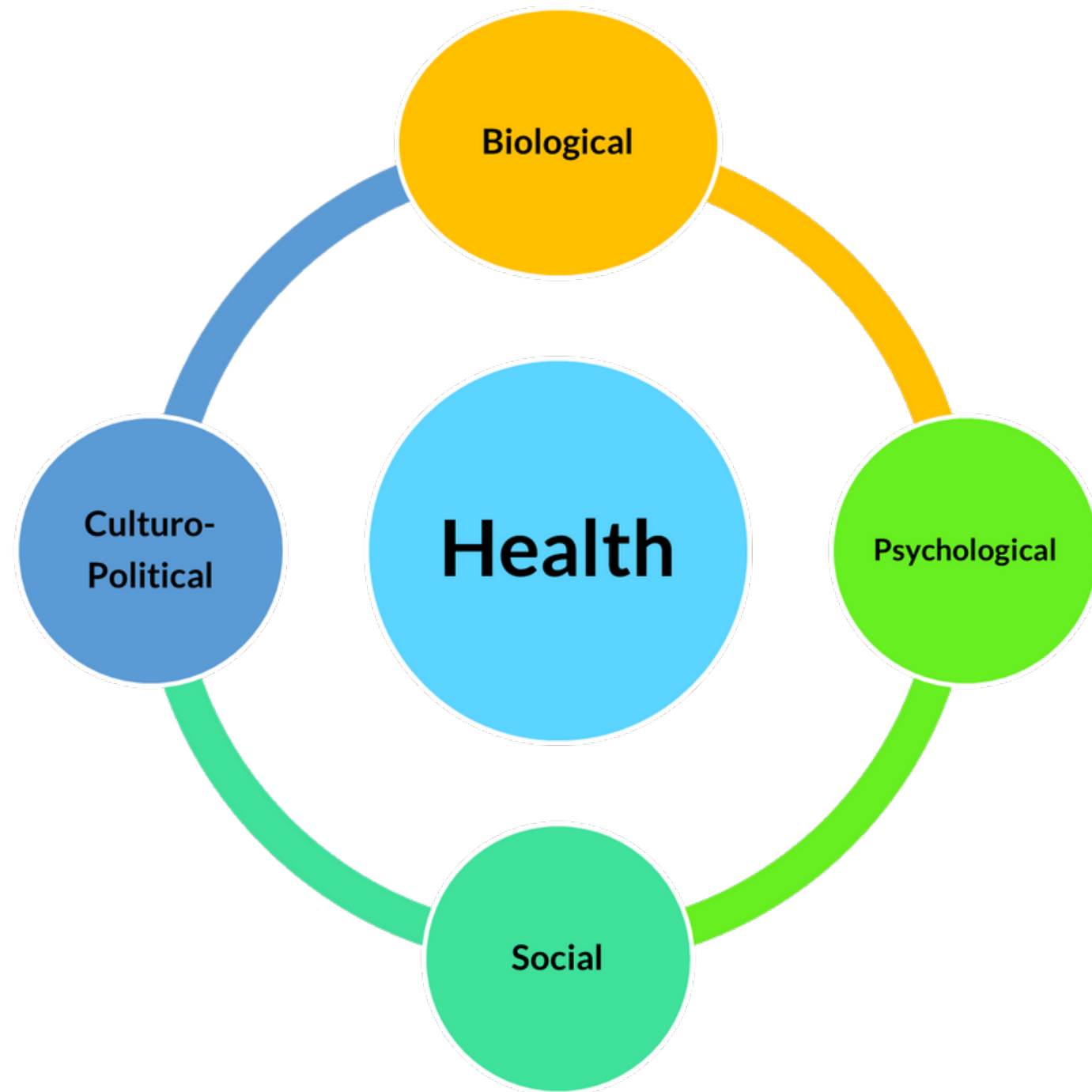
Biopsychosocioculturopolitical Framework



3. Social

- a. Ongoing Stressors
- b. Recovery Capital, Social Drivers of Health

Biopsychosocioculturopolitical Framework

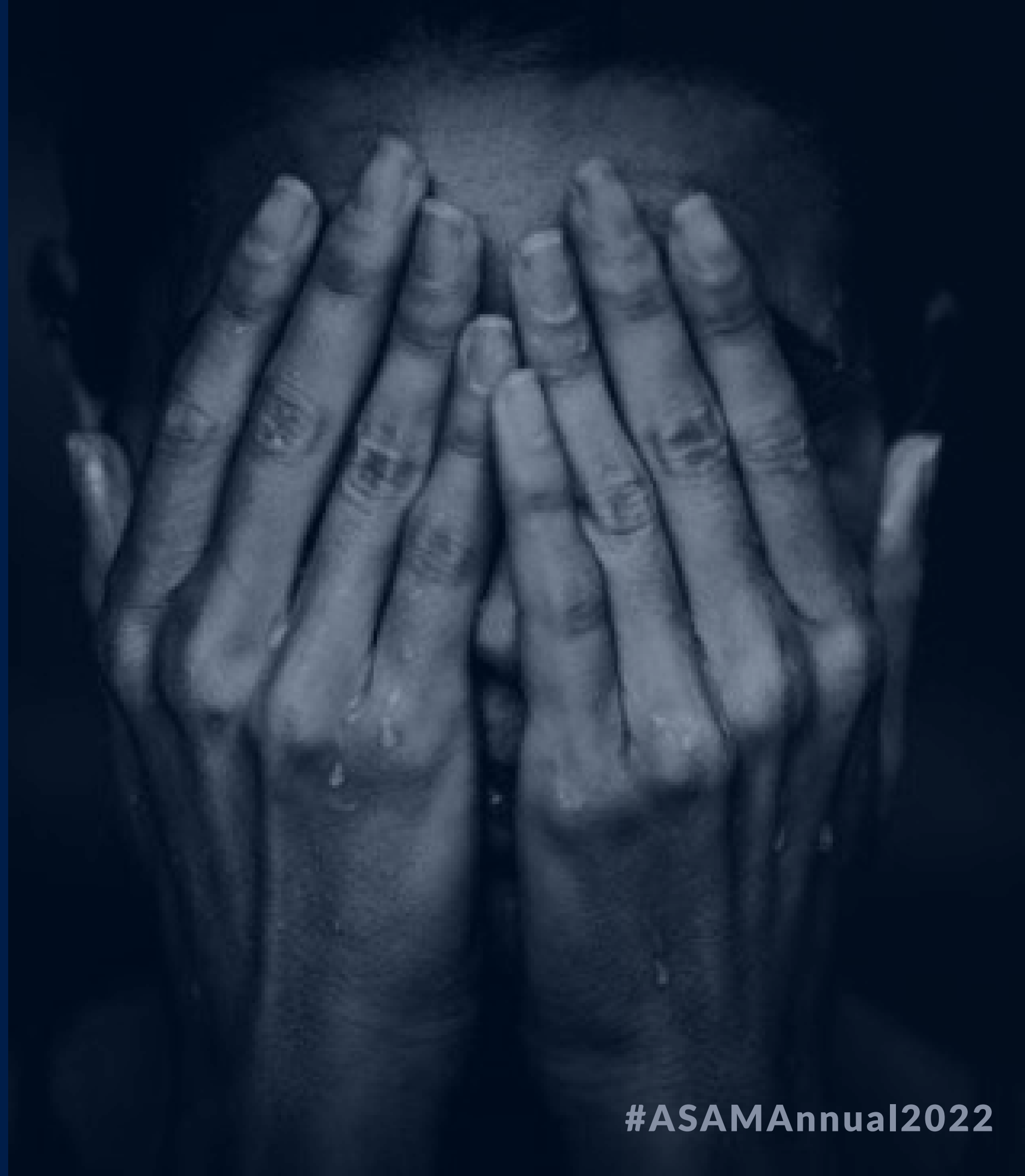


4. Culturo-Political

- a. Stigma
- b. Racism
- c. Marginalization
- d. Oppression
- f. Criminalization

Racism = Trauma

- Racism is a chronic, cumulative, ongoing trauma in the lives of Black People in the US.
- Events like the killings of Breonna Taylor, Ahmaud Arbery, and George Floyd are acute traumas that overlay chronic, ongoing trauma



SAMHSA 3Es of TRAUMA



Individual trauma results from an **EVENT**, series of events, or set of circumstances that is **EXPERIENCED** as physically or emotionally harmful or life threatening and has lasting adverse **EFFECTS** on functioning and mental, physical, social, emotional, or spiritual well-being.

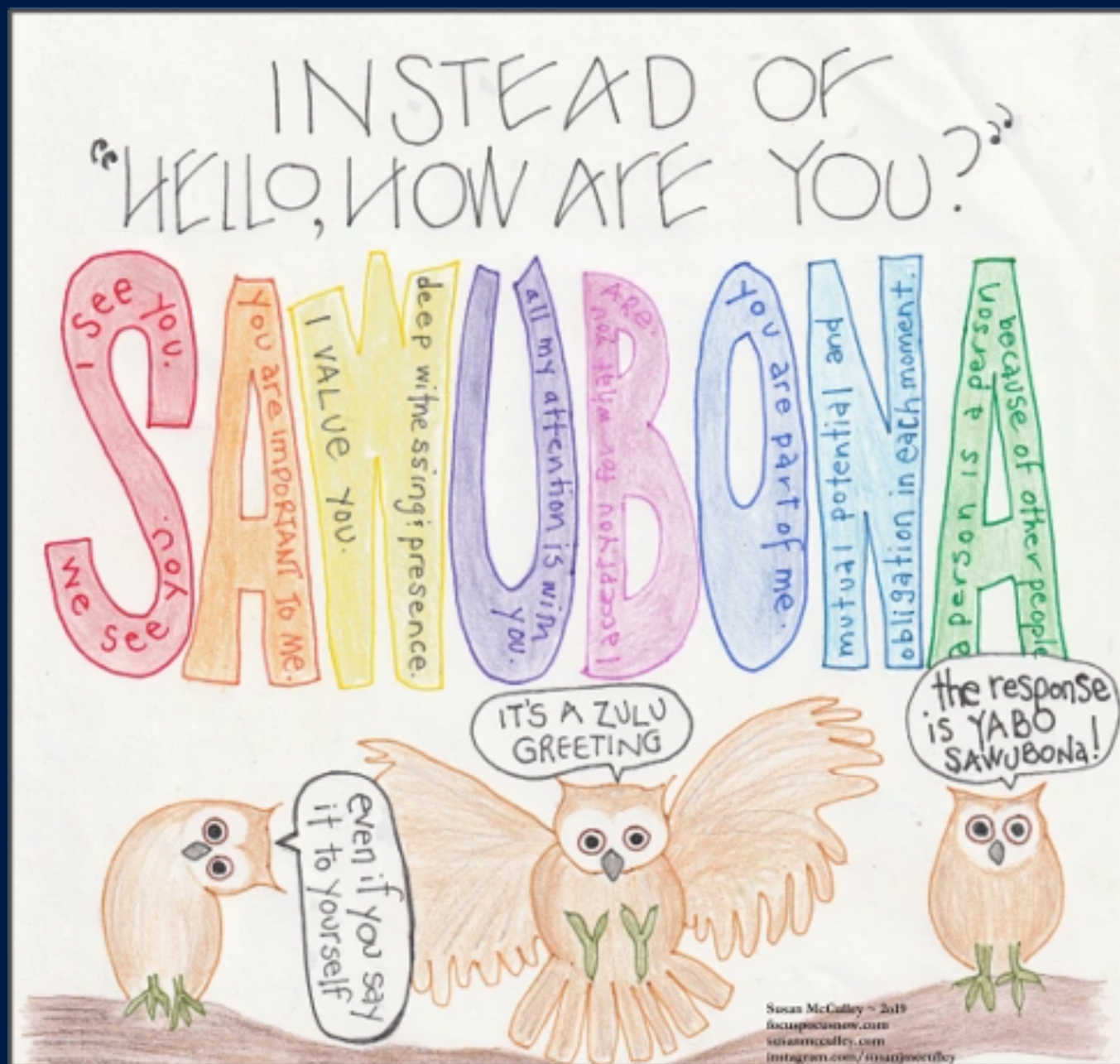
*"If your voice held no power,
they wouldn't try to silence you."
-unknown*

~~Trauma~~ Racism-Informed Care

~~Trauma~~ Racism-Informed Care (TIC) is an approach in the human service field that assumes an individual is more likely than not to have a history of Trauma Racism.

Trauma Racism-Informed Care recognizes the presence of Trauma Racism symptoms and acknowledges the role Trauma Racism may play in an individual's life - including service staff.

There are 3Es, 4Rs, and 5 Principles of Trauma-Informed Care.



- Screening: Universal Screening including **Discrimination and Recovery Capital**
- Brief Intervention: Harm Reduction = **Compassion, Relationship, and Sawubona** “I see you.”
- Referral to Treatment: Connection to Resources that address their primary needs as **defined by them**

SBIRT + Harm Reduction



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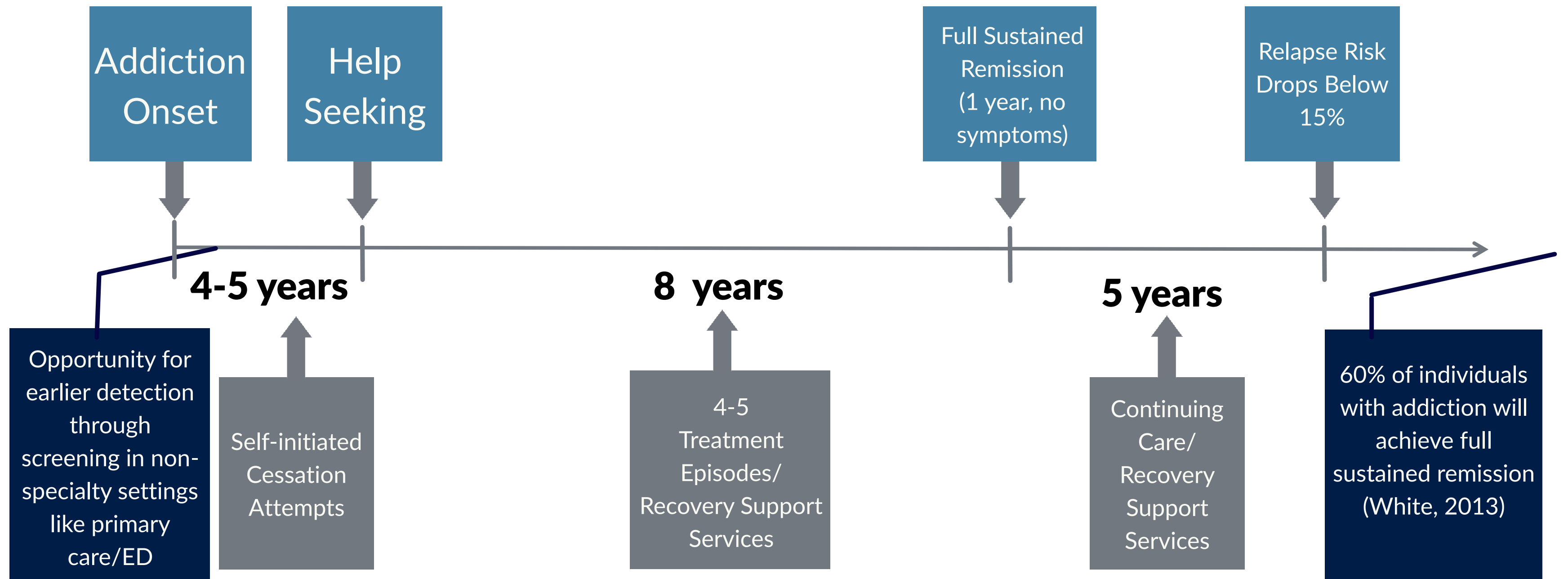
Harm reduction is the practice of unconditional love for people who use drugs.

Monique Tula, ED Harm Reduction Coalition

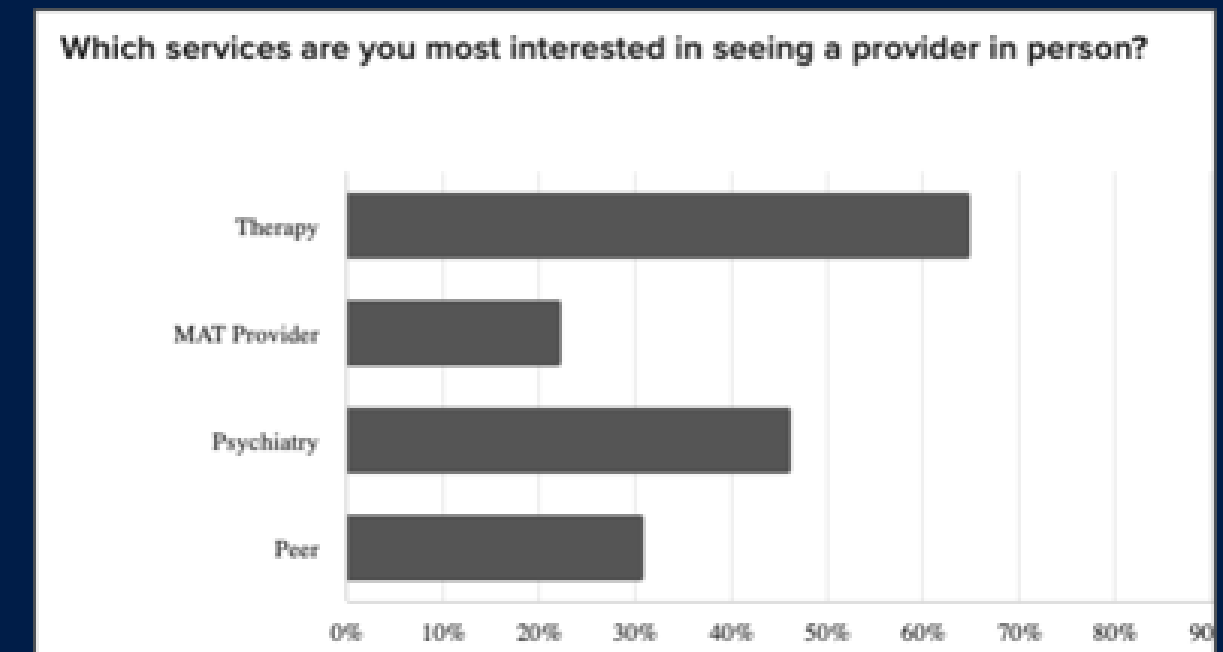
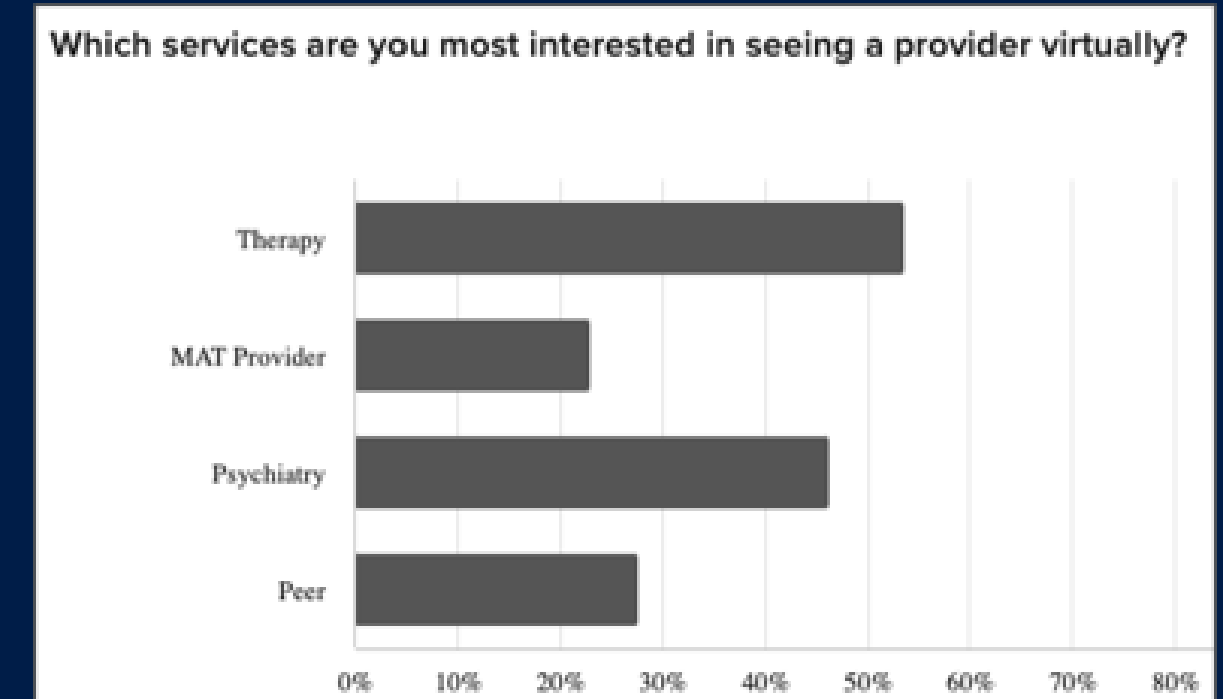
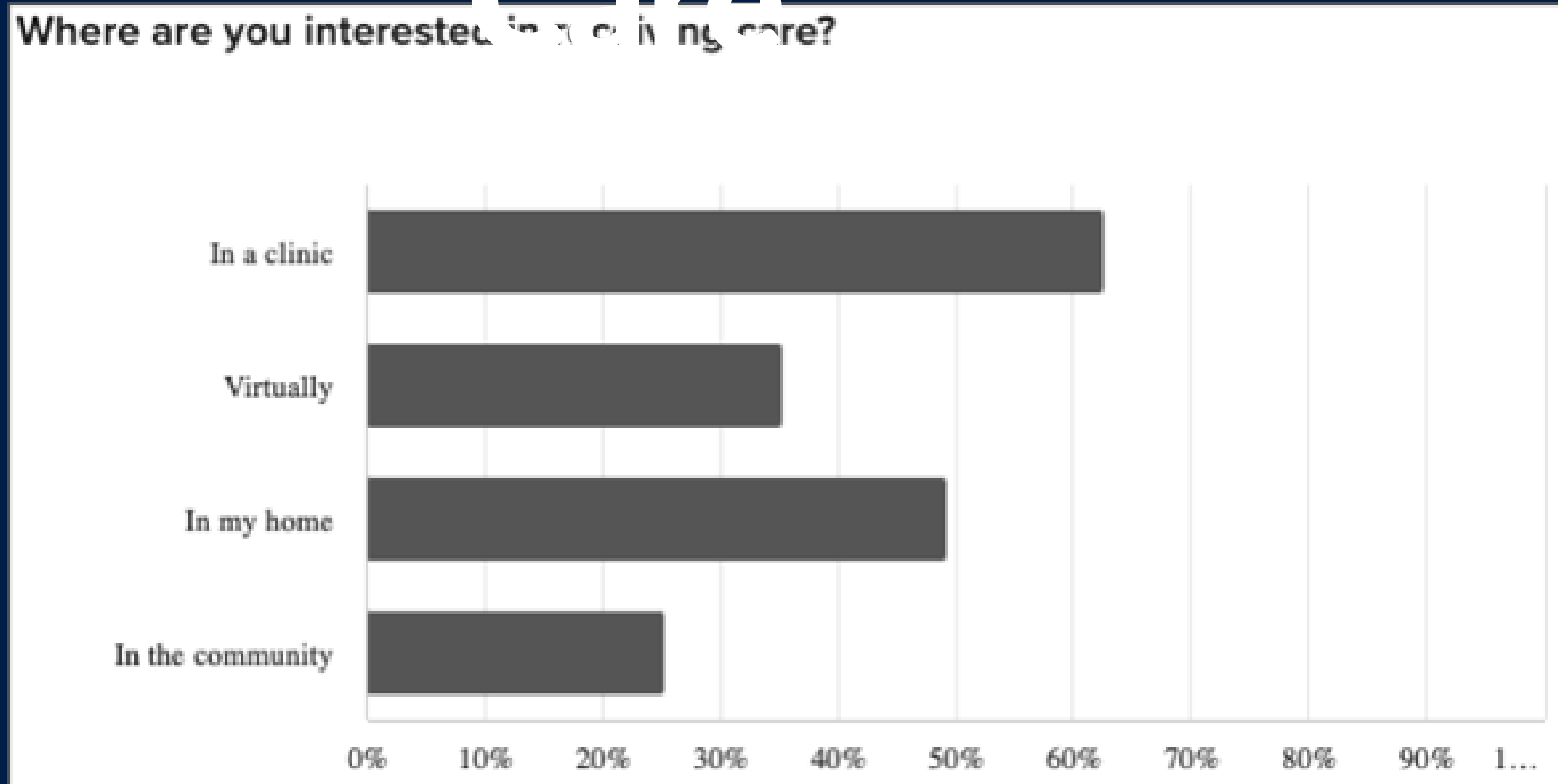
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Longitudinal Multi-Modal Care

Natural History of Severe SUD



Longitudinal Multi-Modal Care



The majority of members surveyed preferred a multimodal course of care.

Final Takeaways

Effective SUD Care Improves Whole Person Outcomes

- Mental Health
 - SUD
 - Physical Health
 - Social Drivers of Health
 - Life Meaning and Purpose
1. True whole person care integrates **culturopolitical** aspects to the biopsychosocial framework
 2. Incorporates **harm reduction** principles into SUD treatment
 3. Is **longitudinal** and **multi-modal**



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2. Institute for Healthcare Improvement. Why Expand Beyond the Triple Aim?
3. Shantanu Nundy, MD, MBA^{1,2}; Lisa A. Cooper, MD, MPH^{3,4}; Kedar S. Mate, MD. The Quintuple Aim for Health Care Improvement: A New Imperative to Advance Health Equity JAMA. 2022;327(6):521-522. doi:10.1001/jama.2021.25181
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7. Harm Reduction Coalition
8. SAMHSA. Screening, Brief Intervention and Referral to Treatment