Development of The ASAM Criteria® Intake Assessment:

A Free, Paper-Based, Interview Form

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Disclosure Information

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 - No disclosures

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 - No disclosures



Learning Objectives

Learners will:

- Understand the development and application of the paper-based ASAM Criteria[®] Intake Assessment Interview Guide
- Understand the guide's special features
- Understand the guide's LOC guidance
- *Know where to access information and resources for implementation of the guide



Overview

- *****The Team
- *Background
- Special Features of the Form
- Feasibility Pilot
- *Review of the Guide
- *****Treatment Placement & LOC Guidance
- ***Implementation Resources**



The Team

*Our team launched this effort just at the start of the pandemic, spending many hours deep in thought together on Zoom...





Background

The form was developed by a team at UCLA Integrated Substance Abuse Programs and designated ASAM experts. It is based on the third edition of *The ASAM Criteria book*

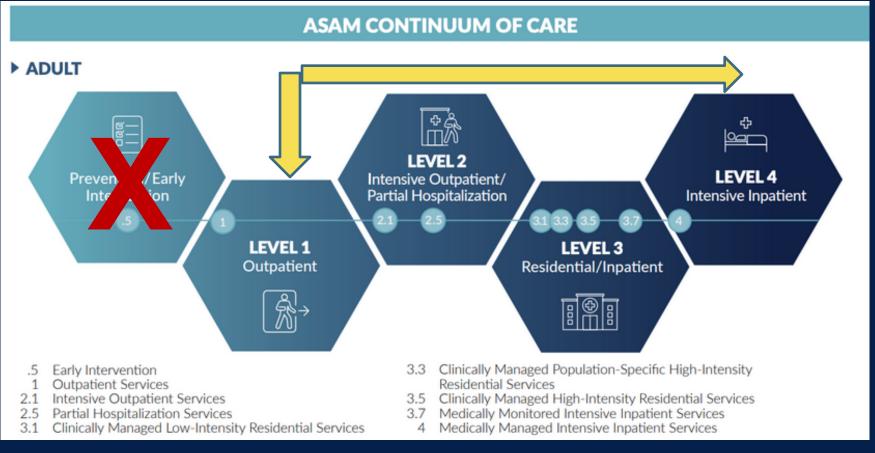
The ASAM Criteria Assessment Interview Guide is a:

- Standardized
- **#**Free
- *Paper-based, (fillable PDF forms coming soon)
- *****ASAM-endorsed
- Guide to conducting a multidimensional assessment supporting LOC determination.



Background

The ASAM Criteria® Assessment Interview Guide is for use with:



- Adult patients
- who have confirmed SUD, the form is designed for LOC determination for Level 1 treatment or above



Background

- *In California, a Medicaid Demonstration (1115 Waiver) required SUD treatment providers to use ASAM Criteria-based assessments, creating a need for a low-cost, standardized SUD assessment tool.
- Without a standard form, the application of the ASAM Criteria varied widely.
- *The team reviewed various California ASAM Criteria-based assessment tools. Features of these formed the foundation of the current draft assessment guide.
- *As this is the first publication of the guide, ASAM welcomes feedback at asam.org

Background: Changes to Drug Medi-Cal Coverage under the 1115 Waiver

DRUG MEDI-CAL

- ➤ Outpatient drug-free treatment
- Intensive outpatient treatment
- Residential SUD services for perinatal women only (limited to facilities with no more than 16 beds)
- Naltrexone treatment
- Narcotic treatment programs (methadone only)

DRUG MEDI-CAL ORGANIZED DELIVERY SYSTEM

- All services provided under standard Drug Medi-Cal
- Multiple levels of residential SUD treatment (not limited to perinatal women or to facilities with no more than 16 beds)
- Narcotic treatment programs expanded to include buprenorphine, disulfiram, and naloxone
- Withdrawal management (at least one ASAM level)
- Recovery services
- Case management
- Physician consultation
- ➤ Partial hospitalization (optional)
- Additional medication-assisted treatment (optional)



Special Features of the Guide

- Designed for use by all types of SUD providers
- *****The staff who:
 - *are trained in the ASAM Criteria®
 - currently do intake assessments,
 - * whose supervisors approve of their use of the forms
 - Counselors, Social Workers, Clinical Psychologists, Nurses and Physicians

Scan for link to the form





Special Features of the Guide

- ***Interviewer instructions**
 - *Comprehensive prompts for gathering info
 - Footnotes that direct interviewers to supportive resources and guidance in The ASAM Criteria book
- *Prompts to support Treatment Planning for each ASAM Dimension (optional)
- ***Guidance for Distinguishing Differences Between The ASAM**Levels of Care (Appendix)
 - # If Then High Priority Guidance for Immediate Needs
 - # If Then Considerations By Dimension





- In May 2021, Siskiyou County CA volunteered to perform a feasibility pilot
 - #June 2021, training period mock cases & role playing
 - July-November 2021, piloted the Guide with adults seeking SUD services
 - Due to pandemic and staff turnover, Ns were low. Due to privacy rules we did not collect demographic data
 - 1. Counselor surveys (N=6)
 - 2. Patient surveys (N=11)
 - 3. Completed ASAM Criteria Assessment Interview Guides (N=34)



Feasibility Pilot Results

***Counselor surveys (N=6):**

- *83% would recommend the assessment Guide to other providers.
- *Positive comments-It "does dig deep and is very thorough".
- Negative comments-"It is too extensive and the flow is clunky. The clients seem to get lost through out session because of the repetition and I end up trying to re-explain things in their words"

These will be important training considerations when implementing the guide

0-Not at all

1-A Little

2-Somewhat

3-Very

4-Extremely



Feasibility Pilot Results

★Patient Surveys (N=11):

- Contrary to Counselor survey results,
 - only 27% felt the "assessment asked too many questions about the same thing" and
 - 0% agreed "the assessment asked too many personal questions."
 - * 9% agreed the assessment "takes too long"

*****Overall satisfaction, 91% agreed:

- "the assessment helped me think about what services I need"
- "helped me understand more about my problems related to drugs/alcohol"
- "helped me think about my goals for treatment."



Each of the sections assessing the 6 dimensions contain:

- Questions about patient history relevant to LOC determination
- Patient self-report scales
- # Footnote instructions/resources for interviewers
- Probes to assist with treatment planning
- Guidance for establishing risk rating in each dimension
- # Helpful page references to The ASAM Criteria [®] 3rd Ed.



Questions about recent patient history relevant to LOC determination

Before we get started, can you tell me about why you have come to meet with me today? **Probe:** How can I be of help? What are you seeking treatment for? DIMENSION 1 - ACUTE INTOXICATION OR WITHDRAWAL POTENTIAL **DURATION FREQUENCY** ROUTE 1. I am going to read you a list of substances. in last 30 days Select all that apply Could you tell me which ones you have of continuous use used, how long, how recently, and how you **NEVER USED** 4-7 days/week used them? Estimate Years and/ or less days/ nonth or Months of use moke **ALCOHOL** Date of last use: Avg. drinks per drinking day: In the last 30 days, how often have you had: [For females] 4 or more drinks on one occasion? [For males] 5 or more drinks on one occasion?



*Patient self-report scales to promote clarity with risk ratings and patient perception of the problem(s)

Substance Use History

I am going to ask you a few more questions about your substance use, and any withdrawal risks you may have. The response options are either "Yes/No" or "Not at all," "A Little," "Somewhat," "Very," or "Extremely."

Use motivational interviewing skills to develop discrepancy between any problems mentioned and the patient's assessment of whether addiction is a problem.

- **2.** How much are you bothered by any physical or emotional symptoms when you stop or reduce using alcohol or other drugs? (For example, body aches, nausea or anxiety that interfere with your everyday life when you stop or reduce your use.) Please describe:
- Not at all A Little Somewhat Very Extremely
- **3.** Are you currently experiencing withdrawal symptoms, such as tremors, excessive sweating, rapid heart rate, anxiety, vomiting, etc.? (*Please describe specific symptoms and consider immediate referral for medical evaluation*):

*Resources, prompts, and instructions to support interviewers

➤ Interviewer notes:

- Binge drinking (5+ for males, 4+ for females) is associated with increased risk for acute withdrawal symptoms.
- Misuse includes medications that you need to refill more frequently than the doctor orders; that you end up using in amounts or for purposes other than prescribed, etc. Consider checking state prescription drug monitoring program (PDMP)
- Common prescription opioids include oxycodone, Vicodin®, Percocet®, morphine, codeine, and prescription fentanyl. The withdrawal spectrum may require closer observation when illicitly manufactured fentanyl analogues are used.¹ 7-10 days of continuous opioid use for withdrawal.
- Daily benzodiazepine use for 6 months causes increased risk for acute withdrawal.
- Common prescription stimulants include methylphenidate (Ritalin®, Concerta®); amphetamines (Dexedrine®, Adderall®); lisdexamfetamine (Vyvanse); dextroamphetamine (ProCentra); Phentermine (Suprenza)

¹ https://reference.medscape.com/drugs/opioid-analgesics

➤ **Notes:** Include **interviewer observations.** Does patient have **curiosity, interest,** or **insight**? Does the patient show curiosity and interest in learning about the impact of substance use on themselves and people close to them? Do they show insight into problems, for example, the consequences of their use (such as DUIs, sexually transmitted infections, etc.?)



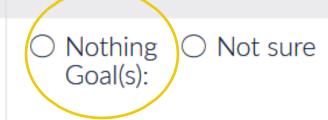
*A section with probes to assist with treatment planning

Problem Statements and Goals (Optional, for treatment planning purposes)

21. What concerns or problems do you have with your current living situation or environment?

Problem(s):

22. What changes in your work/home/community are you able or willing to make to support cutting back or stopping your alcohol or other drug use? (e.g., get peer support, move, change jobs, change friends)





Guidance for establishing risk rating in each dimension, and impact on overall LOC

Please circle the <u>intensity</u> and <u>urgency</u> of the patient's CURRENT needs for services based on the information collected in Dimension 4:

Severity Rating - Dimension 4 (Readiness to Change)

, , , ,	,	0 - ,		
0 None	1 Mild	2 Moderate	3 Severe	4 Very Severe
 Proactive responsible participant in treatment Committed to changing alcohol or other drug (AOD) use this row, hallmark 	 Willing to enter treatment Ambivalent to the need to change 	 Reluctant to agree to treatment Low commitment to change AOD use Variable adherence to treatment of each risk rating	 Unaware of and not interested in the need to change Unwilling/only partially able to follow through with treatment Passively compliant, goes through the motions in treatment 	 Rejecting need to change Engaging in potentially dangerous behavior Unwilling/unable to follow through with treatment recommendations
	Requires low intensity services for motivational enhancement	Requires moderate intensity services for motivational enhancement	Requires high intensi- ty engagement and/or motivational enhancement	Secure placement for acute or imminently dangerous situations and/or close



In this row, general description of service needs for the dimension

Guidance for Withdrawal Management

1-WM	2-WM	3.7-WM	4-WM
 Outpatient Secure home environment High general functioning Needs daily or less than daily supervision Likely to complete WM and continue treatment or 	 Intensive outpatient Need for support all day At night has supportive family or living situation such as, supportive housing/shelter ** Likely to complete WM Has ability to access medical care in person or telemedicine (not ER) 	 Residential Severe withdrawal Needs 24-hour nursing support and daily access to physician Unlikely to complete WM without medical monitoring 	 Hospital Severe, unstable withdrawal Needs 24-hour nursing and daily physician visits to manage medical instability Setting must include addiction services

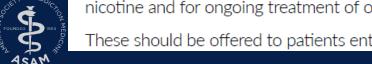
Medications for Addiction T

recovery

➤ Note: Forced or non-medically directed withdrawal can be dangerous, is unethical, and is counterproductive. Safe and comfortable withdrawal enhances engagement in treatment.

Medications are available for treatment of acute withdrawal from opioids, alcohol, sedatives, and nicotine and for ongoing treatment of opioid, alcohol and nicotine use disorder.

These should be offered to patients entering treatment.



Helpful page references to The ASAM Criteria® 3rd Ed.

Interviewer Instructions:

For guidance assessing Dimension 4, see *The ASAM Criteria*, 3rd Ed. The "Assessment Considerations" text box at the top of p. 50.

For guidance assessing risk, please see Risk Rating Matrices in The ASAM Criteria, 3rd ed.:

- For alcohol, see pages 147-154
- For sedatives/hypnotics, see pages 155-161
- For opioids, see "Risk Assessment Matrix" on page 162



Placement: Concurrent Treatment

ASAM CRITERIA LEV	/EL OF CARE: CONCURRENT TREATMENT AND RECOVERY SERVICES
Opioid Treatment Program	NTP, methadone program
Office Based Opioid Treatment	Buprenorphine, naltrexone
Other MAT, (for SUD other than OUD)	E.g., Primary care, psychiatrist, nurse practitioner. Pharmacotherapy, i.e., medications for alcohol and nicotine use disorder
COC	Co-Occurring Capable treatment, integration of services for stable mental health conditions and SUD
COE	Co-Occurring Enhanced treatment, integration of services and equal attention for unstable mental health conditions and SUD
Biomedical Enhanced	Biomedical Enhanced treatment, integration of services and equal attention for serious physical health conditions and SUD
*Housing	Patient needs safe supportive housing. *Patient can receive Outpatient or Intensive Outpatient care if in stable supportive living environment, i.e., Recovery residence/sober living, supportive friend's or relative's home Notes:

For guidance see The ASAM Criteria, 3rd ed. p. 124 "Decisional flow to Match Assessment and Treatment/Placement Assignment"



Recovery Support Services

Patient needs	○ Tran	sportation	Childcare	O Legal Ser	vices	Vocational
O School Cou	nseling	O Financi	al Assistance	O 12 Step	\bigcirc F	Peer Support
Other:						
Notes:						

Placement: Indicated vs Actual

INDICATE	ACTUAL LOC						
Level 4 - Medically Managed Intensive Inpatient Services	Осое	ВІО	OTS	C Level 4	○ COE	○ BIO	Оотѕ
 Level 3.7 - Medically Monitored Intensive Inpatient 	Осое	ВІО	OTS	C Level 3.7	○ COE	○ BIO	○ ots
C Level 3.5 – Clinically Managed High-Intensity Residential	Осое	ВІО	OTS	C Level 3.5	○ COE	○ ВІО	○ ots
C Level 3.3 – Clinically Managed Population-Specific High-Intensity Residential	Осое	О ВІО	OTS	C Level 3.3	О СОЕ	○ BIO	O OTS
Level 3.1 – Clinically Managed Low-Intensity Residential	Осое	ВІО	OTS	C Level 3.1	○ COE	○ BIO	○ ots
○ Level 2.5 – Partial Hospitalization	Осое	○ ВІО	\bigcirc ots	C Level 2.5	Осое	○ BIO	\bigcirc ots
Level 2.1 – Intensive Outpatient	Осое	○ ВІО	\bigcirc ots	C Level 2.1	Осое	○ BIO	\bigcirc ots
○ Level 1 – Outpatient Services	○ COE	○ BIO	○ OTS	○ Level 1	○ COE	○ BIO	OTS

Placement: Data Collection

Reasons for Discrepancy between Indicated and Actual Placement

Circle all that apply:

- 1 = Not applicable no difference
- 2 = Patient preference.
- 3 = Recommended program is unavailable in geographic region.
- 4 = Lack of physical access (e.g., transportation, mobility).
- 5 = Conflict with job/family responsibilities.
- 6 = Patient lacks insurance.
- 7 = Patient has insurance, but insurance will not approve recommended treatment.
- 8 = Program available but lacks opening or wait list too long.
- 9 = Program available but declines to accept patient due to patient characteristic(s), e.g., history, clinical status.
- 10 = Inappropriate court or other mandated treatment contradicts ASAM Criteria recommendation
- 11 = Patient rejects any treatment at this time.
- 12 = Patient left/eloped.
- 13 = Clinician disagrees with ASAM Criteria recommendation (please explain):
- 14 = Final Disposition is not known.
- 15 = Other (please explain):

Data Collection on LOC indicated vs. LOC referred/received





- ➤ Interviewer Instruction: Start at the top (Level 4) of the table above to find the least intensive, most effective Level of Care. to get to least intensive, most effective Level of Care. (See The ASAM Criteria, 3rd Ed. p. 124)
 - Decide the **realistic/acceptable** Level of Care, factoring in motivation/acceptability, and patient preference (e.g., sole breadwinner, sole childcare/eldercare provider, employment constraints and patient goals).

Appendix Distinguishing Differences Between The ASAM Levels of Care Notes Additional services available at these ASAM Levels of Care Start at the top. If the description in the row does not Co-Occurring Medica-Biomatch current needs of the patient, then proceed to **ASAM** Enhanced tion for medical the next row to reach appropriate LOC. LOC (COE) OUD* enhanced Any D1, D2, or D3 are rated Very Severe, and/or need to address acute problems requiring primary medical and On-site 4 On-site On-site nursing care managed by a physician in a hospital or psychiatric hospital Patient needs 24-hour nursing care with medical monitoring: On-site • Severe problems in D1 or D2 or D3 3.7 On-site On-site or OTS • Moderate severity in at least 2 of the 6 dimensions, at least one of which is D1, D2, or D3

Appropriate
"indicated" LOC
should include
patient preference.



		Additional services available at these ASAM Levels of Care			
Start at the top. If the description in the row does not match current needs of the patient, then proceed to the next row to reach appropriate LOC.	ASAM LOC	Medica- tion for OUD*	Bio- medical enhanced	Co-Occurring Enhanced (COE)	
 Patient needs 24-hour supportive addiction treatment Patient environment is provocative to relapse There is considerable likelihood of continued use or relapse with imminent serious/dangerous consequences No need for 24-hour medical monitoring No significant cognitive impairments Needs 24-hour SUD addiction specialty, addiction supports to prevent acute emergency Cannot go unsupervised, not appropriate for waiting list 	3.5	On-site or OTS	On-site, Primary, or Specialty care	On-site	
Patient's temporary or permanent limitations, e.g., due to cognitive impairment, make outpatient treatment strategies not feasible or not effective • Needs 24-hour structure with addiction specialty support • Needs individualized plan to address the identified cognitive/behavioral issues (e.g., slower pace, more concrete and more repetitive treatment, behavioral	3.3	On-site or OTS	Primary, or Specialty care	On-site or link to specialty care	



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Start at the top. If the description in the row does not match current needs of the patient, then proceed to the next row to reach appropriate LOC.	ASAM LOC	Medica- tion for OUD*	Bio- medical enhanced	Co-Occurring Enhanced (COE)
Patient likely to immediately relapse or continue use, or may not be able to function (engage in recovery), or is unsafe in the "real world" unless receiving 24-hour supportive structure • No need for 24-hour medical monitoring • No significant cognitive impairments • Needs 24-hour structure with addiction specialty support • Safely able to access the community and outpatient services unsupervised	3.1	On-site or OTS	Primary, or Specialty care	On-site and specialty consultation
Patient is safe in outpatient treatment, but not able to engage in or progress in treatment without daily monitoring or management Not ready for full immersion in the "real world" For patients with OUD, can go to OTP Moderate or low severity in D2, as well as moderate severity in D4 or D5 or D6 Physical health problems don't interfere with addiction treatment but can be distracting and need medical monitoring e.g., unstable hypertension or asthma; chronic back pain	2.5 or OTP	OTP or OBOT	Primary, or Specialty care	On-site and specialty consultation



		Additional services available at these ASAM Levels of Care			
Start at the top. If the description in the row does not match current needs of the patient, then proceed to the next row to reach appropriate LOC.	ASAM LOC	Medica- tion for OUD*	Bio- medical enhanced	Co-Occurring Enhanced (COE)	
Patient can progress in treatment with supports while practicing new recovery skills and tools in the "real world" • For patients with OUD, can go to OTP • No to low severity in D1, D2, and D3; as well as moderate severity in D4 or D5 or D6	2.1 or OTP	OTP or OBOT	Primary, or Specialty care	On-site and specialty consultation	
Patient has Opioid Use Disorder, current/recent dependence according to federal requirements. (See ASAM Criteria, 3rd Ed. text box on p. 290. See p. 296 for diagnostic admission criteria) • Patient can receive OTP services as stand-alone services or concurrently with another LOC.	ОТР	ОТР	Primary, or Specialty care	On-site and specialty consultation	



			nal services a ASAM Levels	
Start at the top. If the description in the row does not match current needs of the patient, then proceed to the next row to reach appropriate LOC.	ASAM LOC	Medica- tion for OUD*	Bio- medical enhanced	Co-Occurring Enhanced (COE)
 Patient needs less than 9 hours per week of treatment. Patient is committed to recovery, high level of readiness to change; problems are stable but need professional monitoring. Patient is able to engage in collaborative treatment. Or Patient is in early stages of change and not ready to commit to full recovery. A more intensive Level of Care may lead to increased conflict, passive compliance or even leaving treatment. Or Patient has achieved stability in recovery but needs ongoing monitoring and disease management. 	1 or OBOT	OTP or OBOT	Primary, or Specialty care	On-site and specialty consultation

^{*}Medication should also be made available for Alcohol Use Disorder and Nicotine Use Disorder.



Placement: Immediate Needs

	HIGH PRIORITY - IMMEDIATE NEED PROFILE						
Dimension	If	Then					
	Life threatening	Level 4, or emergency department evaluation					
1	D1-CURRENT Severe life-threatening withdrawal symptoms	Perform immediate evaluation of need for acute inpatient care					
2	D2-CURRENT Severe life-threatening physical health problems	Perform immediate evaluation of need for acute inpatient care					
2	D2 is severe/very severe	Consider intensive physical health services or hospital care					
За	D3a-Imminent danger to self or others	Perform immediate evaluation of need for acute inpatient psychiatric care					
3b	D3b-Unable to function in activities of daily living or care for self with imminent dangerous consequences	Perform immediate evaluation of need for acute inpatient medical or psychiatric care					



Placement: Dimensional Considerations

IF - THEN CONSIDERATIONS BY DIMENSION						
Dimension	lf	Then				
1	If patient is withdrawing from alcohol, opioids, benzodiazepines (etc.)	 Medications to assist with withdrawal and Medications for Opioid Use Disorder (MOUD) as indicated Ask client preference (use MI style) 				
1	If patient has immediate access to (MOUD) induction (e.g., buprenorphine, methadone):	It reduces severity in D1				
1 & 2	If D1 is addressed	Consider whether addressing risk in D1 reduces risk in D2				
1	If patient has history of opioid use	Consider take-home naloxone				
2	If patient has severe medical problems, but has immediate access to appropriate medical care	Risk rating for D2 may be lower				
3	If Residential is indicated PLUS cognitive impairment, and medical issues are moderate or lower	• 3.3 is indicated				
3	If there is a rating of severe or very severe in D3	May indicate need for inpatient mental health services				
4	If D4 is severe/very severe	Can be addressed with Motivational Enhancement Therapy				



Implementation Resources

***Speaking the Same Language,** A Toolkit for Strengthening Patient-Centered Addiction Care in the United States https://www.asam.org/asam-criteria/toolkit



Scan for the Toolki

- Free Paper-Based ASAM Criteria Assessment Interview Guide https://www.asam.org/asam-criteria/criteria-intake- assessment-form
- Local ASAM trainings https://www.asam.org/asam-criteria/training-consulting
- *Addiction Technology Transfer Centers: https://attcnetwork.org/centers/selection



Final Takeaways

- *The ASAM Criteria® Assessment Interview Guide is the first publicly available standardized version of the ASAM Criteria assessment for adults.
- * This resource can also help assist states looking to facilitate continuity and consistency in substance use disorder (SUD) treatment delivery and coverage.
- Because it is paper-based, offered free to all clinicians, and can be used in many different clinical contexts, the guide enhances the public utility of The ASAM Criteria's multidimensional assessment approach for the addiction treatment community.

Please feel free to contact UCLA with comments, questions and feedback as UCLA is collecting data re: uptake of and response to the form:

Abellows@mednet.ucla.edu

Please provide feedback to ASAM on the Guide at asam.org.



References

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